

City LG - January 12-13, 2019

Bible Story: Fool to Think (Slow to Anger) • *Proverbs 16:32*

Bottom Line: Think before you lose your temper.

Memory Verse: “God’s power has given us everything we need to lead a godly life.” 2
Peter 1:3a (NirV)

CG: 2-minute Countdown Video

Large Group Leader/Worship Leader enthusiastically greets children and invites them to stand for Worship.

WORSHIP: “Turn it Up” and “Live Differently”

NOTE: If desired, take some time to demonstrate a few of the dance moves to the children before beginning Worship Time.

(Worship Leader Prays)

“Hi, everyone! I’m so excited to see you all here today for our first Bible story of 2019! I hope you all had fun at Winterpalooza last weekend! Can you believe it was snowing inside? Amazing. We’ve got a great verse from the book of Proverbs to look at today. (*Hold up Bible.*) The book of Proverbs is full of wisdom that mostly came from King Solomon, one the wisest (or smartest) people who ever lived. King Solomon was inspired by God to share these important ideas that can be so helpful for us today.”

“Like this one from Proverbs 16:32...”

CG: Proverbs 16:32 Slide

Open the Bible to Proverbs 16:32 (NirV) and read.

“It is better to be patient than to fight. It is better to control your temper than to take a city.”

“That’s some pretty good wisdom right there. It’s definitely better to be patient than to fight. I don’t think I’ve ever tried to take over a city, but I know that it’s always better to have self-control than it is to get mad and do something I might regret.”

“Have you ever woken up in a great mood—ready to make great choices and have a great day—but then something unexpected happens? It throws you off, and you lose your temper. Raise your hand if that’s ever happened to you. (*Pause for response.*)

“Maybe you wanted to play with one of your favorite toys, but the switch had been left on and the batteries were dead. You checked and found out you didn’t have any extra batteries in the house. You got so angry that you threw your toy across the room!

“Or maybe you were at gymnastics practice and you got distracted by some other girls on your team and made a mistake in your routine. You lost your temper and said some mean things that you wish you hadn’t said.

“Or maybe you were looking forward to a lazy Saturday morning, watching TV in your pajamas. But then your mom or dad walked in and told you to get dressed and go outside for a family workday in the yard. You got so mad that you stomped around the house and the yard, being rude to everyone.”

“Maybe one of those things has happened to you. Or maybe you can think of some other times when you got really angry about something. When we think things will go one way and then something changes the plan, it can be really frustrating. If we’re not careful, we’ll lose our temper, and that can cost us big time. That’s what our Bible Story is all about today. Let’s take a look!”

CG: Lesson Video (Runtime: 6:00)

“We’ve all been frustrated. We’ve all lost our temper. And we’ve all had to face the consequences of our actions when we’ve lost control. So how can we fix it? How can we update our operating system to keep that from happening again?”

“Let me tell you: self-control! Remember, self-control is choosing to do what you should even when you don’t want to. And I’ve got a great way for us to remember how to do that. Say this with me: ‘Stop, think, and pray!’”

KIDS: “Stop, think, and pray!”

“Unfortunately, this is a lesson that a lot of people have to learn the hard way. They only understand after they’ve lost their temper way too many times, and they have to face the consequences. But you don’t have to learn it the hard way! You just need to stop, think, and pray before you do something you might regret.

CG: Bottom Line Slide

[Bottom Line] “Think before you lose your temper.

“That’s what Solomon was saying in the verse we looked at earlier. We need to stop and think so we can control our temper. And we need God’s help to do that, don’t we? That’s why we pray! Let’s do that right now and ask God to help us.”

Pray: “Dear God, we know You want us to have self-control, but it can be really hard when we start to feel angry or frustrated. Please help us to remember to stop and think before we lose our temper. Thank You for promising to always be with us and to help us do what we can’t do on our own. We love You, and we ask these things in Jesus’ name, amen.”

“Remember, other people can see the way we act. When we choose self-control, they notice!

“How do we do that? How can we choose self-control when we feel things getting out of control? Well, we can stop, think, and pray. We can get control BEFORE we say or do something we’ll regret. We can take a second to think about what the consequences of our actions might be. And we can pray and ask God to help us to think before we lose our temper. God loves us very much, and He wants the very best for us!

“Our memory verse this month is 2 Peter 1:3a.

CG: Verse

“God’s power has given us everything we need to lead a godly life (NirV).

“With God’s help, you can have self-control. You can **[Bottom Line] think before you lose your temper**, and so can I! You’ll get to talk about that some more in Small Group. Before we head there, let’s take some time to worship God with our offering!”

Offering Time:

“Offering time is a chance for us to bring our money to God, so he can use it to make somebody else’s life better. For us, here in the City, we give our offering to an organization called ‘Missions of Hope’ to help kids in Kenya have food, clothes, and learn about God’s love for them.”

Here at (your Campus name), we bring our offering to help support:

Homer Glen: Victor

New Lenox: Daniel

Orland Park: Michael and Valerie

CG: Picture of Child

“(Your Campus Child) lives in Nairobi, Kenya. Here’s how far away Nairobi is from Chicago!”

CG: Distance between Chicago and Nairobi JPEG

If you brought your offering today, you can bring it up now and place it here in our offering container while our Offering Video plays! (*show offering container*).”

CG: Offering Music Video (Runtime: 3:30)

Dismiss to Small Groups