

City SG - May 25-26, 2019

Bible Story: Learning to Fly (Fix Your Eyes on Jesus) • *Hebrews 12:2-3*

Bottom Line: Keep going because of what Jesus did for you.

Memory Verse: *But those who trust in the LORD will receive new strength. They will fly as high as eagles. They will run and not get tired. They will walk and not grow weak.* Isaiah 40:31 (NIRV)

1. Bigger Picture

What You Need: Connect-the-dot pages, pens, markers

What You Do:

- Give each kid a connect-the-dot page and pen.
- Encourage them to work toward completing the bigger picture on the paper.
- Provide help as needed, or work together as a group.
- If time allows, let kids color their completed pictures.

What You Say:

“What picture did you create? (*Allow time for kids to share.*) You maybe had a little idea of what the picture was going to look like in the end, but with each piece, you could see more clearly what you had been working toward. We kept going because we knew there was a bigger picture to be created! **[Transition] Today in Large Group, we learned why we can keep going as we follow Jesus!**”

2. Cross Reminder

What You Need: Cross Pattern sheet (1 per group) pony beads (20 blue, 10 yellow per child), lacing cord (1 per child), lanyard hook (1 per child)

What You Do:

- Show the kids the pattern sheet.
- Let kids pick out 20 blue beads and 10 yellow beads.
- Hand out lacing cord and lanyard hooks while they choose their beads.
- Walk kids through the instructions to make their zipper pulls.

What You Say:

“When we say to ‘fix your eyes on Jesus,’ you’re not actually looking at Him but you’re focusing your thoughts on what Jesus did when He died on the cross for you and rose again. You’re thinking about how awesome He is that He would love You so much to do that. And if He would do that, He’ll help You in all things, no matter how tough a situation is. These crosses we just made are a reminder that you can **[Bottom Line] keep going because of what Jesus did for you.** Take it home with you, and put it on a zipper pull on a jacket, a backpack, or somewhere else you’ll see it all the time.”

3. Keep Going?

What You Need: No supplies needed

What You Do:

- Encourage kids to stand and face the opposite wall of the room/space you are in.
- Explain that when you yell, “Green light,” they will slowly move toward you. (Before beginning the game, practice moving slowly. Show kids how to take tiny steps so they’re essentially just shuffling forward.)
- When you say, “Red light,” you will read a scenario and they must decide whether they want to stop or keep going.

- Encourage them to persevere and make it to the finish line where you are standing.
- Continue until someone makes it to the “finish line” or until all scenarios have been read!
- *Note: Hopefully kids will choose the “keep going” option each time and therefore make it to the finish line at roughly the same time. If they shuffle slowly enough and start to get a little bored, that will give you an opportunity to encourage them to persevere and put into practice what they’ve been learning this month!*

Red light scenarios:

1. Your dad ordered your least favorite toppings on the pizza for dinner! Do you complain or keep going and eat it anyway?
2. You have a spelling test tomorrow and you’re too tired to practice. Do you give up or keep going and study?
3. You’re losing in a board game against your sister. Do you tell her you want to stop playing or keep going anyway?
4. You want to help your mom make cookies but there are so many directions! Do you just let her make the cookies on her own, or do you keep going and help?
5. You need to clean your room, but your friend wants you to come play outside. Do you stop cleaning your room and play, or do you keep going and finish first?
6. Your LEGO® set is really difficult to put together. Do you skip the directions and do your own thing, or do you keep going and do it right?
7. You need to finish your homework, but your favorite TV show just came on. Do you ignore your homework or keep going and complete the work?
8. Your dentist tells you that you need to brush your teeth two times a day. Do you ignore him and only brush them when you want to, or do you keep going and listen to him so you can be healthy?
9. Your mom says you need to play with your baby brother, but all he does is cry all the time. Do you tell your mom that you don’t want to, or do you keep going and entertain him?
10. Your teacher wants you to play with the new girl at recess but she doesn’t like to do any of the things you like to do. Do you leave and do your own thing, or do you keep going by making her feel welcome?

What You Say:

“I am really impressed with the way you all persevered even when you were faced with some difficult situations. When I am faced with a difficult choice or maybe just a rough day, do you know what encourages me to keep going? (*Allow time for guesses.*) JESUS helps me. Thinking about all He did for me inspires me to move forward. Remember that you can always choose GREEN for GO and **[Bottom Line] keep going because of what Jesus did for you.**”

4. Focus Motions

What You Need: No supplies needed

What You Do:

- Tell kids that there are several ways they can focus on what Jesus did for us: Read your Bible. Pray. Listen to music that reminds you of Him. Talk about Him with your family. Serve others like He did.
- Teach them hand motions for each:
 - Read your Bible: hold your hands out like you’re holding a book
 - Pray: put your hands together in front of you like a prayer position
 - Listen to music: cup your hands behind your ears
 - Talk about Him: cup your hands around your mouth like a megaphone
 - Serve others: hold your hands out and open in front of you
- Practice the motions several times in order while saying the phrases.
- Then you call out a phrase and kids do the motion. Call them out in random order, and say them more quickly as you go.
- Play a memory game, where you do several motions in a row, and kids repeat them. Allow kids to take turns leading the motions.

What You Say:

“Okay, I think you’re going to remember these ways to focus on what Jesus did for us! Tell me about some music you like to listen to that reminds you of Jesus. *(Pause for discussion.)* What is one way you can serve others this week? *(Pause for discussion.)* **[Make It Personal] (Tell kids about something you do to focus on what Jesus did for you.)** When you need to show some perseverance, remember these things you can do and that you can **[Bottom Line] keep going because of what Jesus did for you.”**

5. Memory Verse Scramble

What You Need: Bibles, “Memory Verse Scramble” Activity Pages (3 sets per group)

What You Do:

- Guide kids to look up Isaiah 40:31 using the following tips.
Finding verses with 1st-3rd graders: Guide them to open their Bibles to the front and find the table of contents. *(Hold up a Bible opened to the table of contents to show the kids what the page looks like.)* When the kids find the table of contents, lead them to find Isaiah in the list under “Old Testament.” When the kids find Isaiah, lead them to look at the page number beside the word. Explain that the number tells them on what page they can find Isaiah. Help the kids find the page. When they find Isaiah, explain that the big numbers on the page are the chapter numbers. Help them find chapter 40. Explain that the small numbers are verse numbers. Help them find verse 31 in chapter 40.
- Say the verse together several times.
- Divide your group into 2 or 3 teams (depending on the size of your group)
- Give each team a set of “Memory Verse Scramble” pages.
- Tell the kids to spread the sheets out, face down, and scramble them up on the floor.
- On your “Go!” the first team to put the verse in order wins.
 - Have a team member read the verse to you to complete the round.
- Play a few rounds as time allows.

BEFORE DISMISSAL: AT “COMMUNION CALL”

HAND OUT “GOD TIME” CARDS TO EACH CHILD AND ALLOW THEM TIME TO BEGIN WORKING ON THE WEEKLY ACTIVITY

IF CHILDREN BRING THEM BACK THE FOLLOWING WEEK, THEY RECEIVE A PRIZE!