

# City “All Together Activities”—February 7<sup>th</sup>, 2021

**Today’s Bible Story:** Humble and Kind (God Was Kind to Us) • *Ephesians 4:32*

**Today’s Bottom Line:** Be kind to others because God is kind to you.

**Monthly Memory Verse:** *You are God’s chosen people. You are holy and dearly loved. So put on tender mercy and kindness as if they were your clothes. Don’t be proud. Be gentle and patient.*  
Colossians 3:12 (NIRV)

## 1. Opening Activity

**What You Need:** “Unkind to Kind” Activity Page (1 per kid), pens, hand sanitizer

### What You Do:

- Invite the kids to use one pump of hand sanitizer.
- Give each kid an “Unkind to Kind” Activity Page and a pen.
- Point out the phrases on the page that show unkind choices.
- Challenge the kids to rewrite the statements from unkind to kind. For example: “A kid on the playground steals the ball” could be rewritten to “A kid on the playground shares the ball.”

## 2. Kindness Charades

**What You Need:** Bible, strips of paper, pens, and small plastic bin/bucket

### What You Do:

- Look up and read Ephesians 4:32 out loud.
- Ask:
  - What does it mean to be kind and compassionate?
  - According to this verse, who has shown kindness to us?
- Give each kid a strip of paper and a pen.
- Divide your group into two teams.
- Encourage the kids to think back over their week and write down one example of a time when someone showed kindness to them.
- As they finish, direct the kids to fold their strips in half and place them in the bin.
- Select a team to go first.
- Choose a strip of paper and let the kid read the act of kindness without letting the rest of the kids see it. Then, the kid acts it out for their group—without talking.
- Give the team two minutes to try to guess what act of kindness the kid is acting out.
- If a team guesses correctly, that team gets one point and play moves to the other team.
- If a team does not answer correctly, the other team has a chance to guess. If their guess is correct, then they get a point.
- If neither team can guess the “act of kindness,” allow the kid who did the acting to give a few word clues for the whole group to try and answer.
- Repeat until all of the paper strips have been acted out.
- Tally the points and declare a winner.

### What You Say:

“This month is ALL about kindness, which is showing others how valuable they are by how you treat them. Didn’t you feel valued when (*read off two or three of the paper strips*)? Of course! When we choose to be kind, others feel loved and appreciated. But we don’t have to show kindness just because it’s the right thing to do—though it definitely is! We show kindness to others because GOD has been kind to us! He made you, He LOVES you, and He sent His only Son, Jesus, to show His love. You can **[Bottom Line] be kind to others because God is kind to you.**”

**[Make it Personal]** (Tell the kids how you first learned about God’s love and kindness toward you. Share how it helps you as you think about how to treat others, especially those who are difficult or hard to get along with.)

### 3. Emotional IQ

**What You Need:** “Emoji Faces” Cards (1 set per 8 kids)

#### What You Do:

- Pass out an emoji face to each kid.
- As a group, go around the circle and name the emotion each emoji expresses. (If your group is larger than eight, you will have more than one of some emotions.)
  - **NOTE: If you have the help in your service, and a larger number of kids, you can split your groups into groups of 8.**
- The emotions on the emojis are: surprised, happy, sad, confused, scared, excited, angry, and embarrassed.
- Read one of the scenarios below.
- Instruct the kids to hold up an emoji face with the emotion that goes with that scenario. (More than one emoji will fit some scenarios.)
- Repeat for each scenario.
- Collect the emoji faces to use at prayer time.

#### Scenarios:

- Your best friend won the school spelling bee. (emoji: surprised, happy)
- Your dad lost his job today. (emoji: scared, sad, confused, angry)
- Your brother hates math and says he doesn’t understand it at all. (emoji: confused)
- Your family is finally going on a vacation. (emoji: excited, happy)
- A classmate tripped and fell in front of everyone and some kids laughed. (emoji: embarrassed, angry, sad)
- Your friend is playing soccer when a kid on the opposing team calls them names. (emoji: sad, angry)
- Your friend’s grandmother is in the hospital. (emoji: sad, scared, confused)
- Your classmate got a brand-new hoverboard they saved months and months for. (emoji: happy, excited)

#### What You Say:

“Great job, guys! What are we talking about this month? It starts with a ‘K’ and ends with an ‘S.’ That’s right, kindness! Part of being kind is recognizing how other people feel by paying attention to their emotions. If someone is sad, what is the kind thing to do? (Pause for responses.) If someone is excited about something—even something that doesn’t seem all that exciting to you—what is the kind thing to do? (Pause for responses.) When someone is worried or confused or scared, what is the kind thing to do? (Pause for responses.)

“Remember, **[Bottom Line]** be kind to others because God is kind to you. God cares deeply about how you feel. He knows when you’re happy, sad, scared, or embarrassed. He shows kindness and love always. And because He loves us that way, when we pay attention to the emotions of others, we show them how valuable they are to us. Let’s be the type of friend who pays attention to people’s feelings. And who knows, your small act of kindness might just turn a really bad day into a not-so-bad one.”

## 4. Memory Verse Match-Up

**What You Need:** Bible, strips of paper (1 per kid), and pens

### What You Do:

- Look up Colossians 3:12 and read it out loud to your group.
- Split your kids up into groups of 8, 10, or 12 (whichever makes sense for your service)
- Give each kid a pen and a strip of paper.
- Assign a group of words to each kid to write on their strip of paper. Below are some sample verse breakdowns.
  - Eight kids: “You are God’s chosen / people. You are holy / and dearly loved. So / put on tender mercy / and kindness as if / they were your clothes. / Don’t be proud. Be / gentle and patient.” Colossians 3:12 (NirV)
  - 10 kids: “You are God’s / chosen people. / You are holy / and dearly loved. / So put on / tender mercy / and kindness as if / they were your clothes / Don’t be proud. / Be gentle and patient.” Colossians 3:12
  - 12 kids: “You are / God’s chosen people. / You are holy / and dearly loved. / So put on / tender mercy / and kindness / as if they were / your clothes. / Don’t be proud / Be gentle / and patient.” Colossians 3:12
- As the kids finish writing their phrase on their masking tape, instruct them to stick the tape on their left shoulder.
- Direct the kids to work together to line up in verse order, **while observing physical distancing**, as quickly as they can then say the verse together.
- **MAKE IT FUN!** Challenge groups to compete against one another to be the first to get the verse in order.

### What You Say:

“I love this verse because it gives such a clear picture of what kindness should look like. Every morning, you grab a shirt or other pieces of clothing to wear, right? Well, our verse this month reminds us every day to put on kindness as if it were your clothes. EVERY day, we have the opportunity to choose kindness. Every day, we have the opportunity to show others how God has been kind to us! We can be kind because God shows us how! You can **[Bottom Line] be kind to others because God is kind to you.**”

## 5. Pray and Dismiss

**What You Need:** “Emoji Face Cards” from Activity 3

### What You Do:

- Fan out the emoji faces.
- Let each kid choose one.
- Encourage the kids to spend a few minutes silently praying that God would help them show kindness like He does by paying attention to the feelings of the people around them.
- After a few moments of silence, close the group with a prayer like the one below.

### What You Say:

“Heavenly Father, thank You for loving us and for always choosing to show kindness to us. You know how we feel, and You care about each one of us. Help us show that same kindness to others who are scared, happy, confused, surprised, or even embarrassed. Thank You for always showing kindness to us. We love You, God. In Jesus’ name we pray, amen.”