

## City LG—February 21st, 2021

**Today's Bible Story:** One More Time (Go the Extra Mile) • *Matthew 5:41*

**Today's Bottom Line:** Be kinder than you have to be.

**Monthly Memory Verse:** *You are God's chosen people. You are holy and dearly loved. So put on tender mercy and kindness as if they were your clothes. Don't be proud. Be gentle and patient.* Colossians 3:12 (NIRV)

### **WORSHIP: Undefeated and Give My All**

*Worship Leader prays...*

"Hi, everybody! I have a question for you. Has anyone ever had to remind you to be kind? Maybe your mom or dad reminded you to be kind to your brother or sister . . . or maybe your teacher reminded you to treat your classmate with kindness. I think we've all been in situations where we've forgotten to be kind, and we needed someone to help us remember.

"The truth is, sometimes we try to get away with being only as kind as we HAVE to be. Sure, we'll do what our parent or teacher says to do, to make things right. But is that ALL we should do? Or is there more?"

"One time, Jesus was teaching His disciples about how we should live. (*Hold up Bible.*) He said something that showed everyone how far we should go in order to be kind."

"Listen to what Jesus said.

*Open the Bible to Matthew 5:41 (NIRV) and read.*

*"Suppose someone forces you to go one mile. Go two miles with them.*

"Let me read that again.

*"Suppose someone forces you to go one mile. Go two miles with them."*

"So today City, we are going to put this idea into action. Everyone stand up! We are going to march around the room for (*whatever amount of laps makes sense in your room/for your service. No more than 5 laps preferably!*) Ready? Let's GO!"

**NOTE: Lead your kids to march around the room, for as long as you feel like interest is high. When you feel interest is fading, have them go "one extra lap" then sit down.**

**SLIDE w/Music: Where You Go I'll Go**

"Great job everyone! Way to go the extra mile...er, lap. That's what this week's episode is all about. Let's take a look!"

**CG: Lesson Video (Runtime: 10:00)**

"When Jesus told His friends to 'go the extra mile,' He meant that they should go farther than they had to. But He wasn't just talking about walking and carrying a heavy pack.

“He meant that we should show kindness because we WANT to . . . not because we HAVE to. We can choose to show MORE kindness than we have to, because we know the person is valuable. We know that they’re made in the image of God.

“Remember . . .

**SLIDE: Bottom Line**

**“[Bottom Line] Be kinder than you have to be.**

“Let’s pray and ask God to help us do that.”

**SLIDE: Theme Background**

**PRAY:** “Dear God, thank You for helping us see what Jesus meant when He said to go the extra mile. Please help us be kinder than we have to be. Help us show others how valuable they are with the way we treat them. We love You, God, and we ask these things in Jesus’ name. Amen.”

“I love how Jesus made people think about kindness in a whole new way. Jesus taught that we can show others they’re valuable by the way we treat them. After all, every single person in the whole world is made in God’s image!

“Jesus SHOWED us what He meant in the way He treated people, too. He treated people with love, patience, and forgiveness.

“You can show people that they’re valuable by treating them with kindness. You can be kind when people are expecting you to . . . and even when they’re not. That’s a great way to **[Basic Truth] treat others the way you want to be treated!**

“Remember . . .

**SLIDE: Bottom Line**

**[Bottom Line] “Be kinder than you have to be.**

“Don’t just be nice to people because you HAVE to. Make a choice to **[Bottom Line] be kinder than you have to be.**

“I bet you have some great ideas of how you can do that with your friends, classmates, teammates, and family members. It’s almost time for our All Together Activities, but first, watch this!”

**CG: Music Video (Runtime: 3:30)**

*Dismiss kids to All Together Activities.*