

## Alley Rundown—January 16th, 2022

**Today's Bible Story:** Bad Blood (David Spares Saul's Life) • 1 Samuel 24

**Today's Key Question:** What makes you angry?

**Today's Bottom Line:** Don't be controlled by your anger.

**Monthly Memory Verse:** His divine power has given us everything we need for a godly life. (2 Peter 1:3a NIV)

**CG: Dude Perfect Filler Videos**

### ICE-BREAKER ACTIVITY: Family Mad Gab

"What's up Alley? Today we're going to talk about anger. Like getting mad. Real mad. So to get us started with our topic, I thought it would be fun to play a game of...Mad Gab. On the screen, you will see a phrase that is jumbled up into random words. Your goal is to be the first one to figure out what each phrase is really trying to say. Let's do this!"

**CG: Mad Gab SLIDES on Computer**

"Ahh, Mad Gab. It is truly one of my favorite family game night games. I love playing board games! What are some of your favorites?"

*Pause for response.*

"It's super fun to unplug from the tech for a while and play some "Monopoly," "Ticket to Ride," or "Clue," right? But when it comes to games, whether you're playing them online or at the kitchen table, some games can be *really* frustrating."

"Turn to someone around you and tell them about a time you got *really* angry while you were playing a video game with yourself or a board game with friends or family."

*Allow time. Then, if applicable, share a story of your own when you got frustrated with technology of some kind.*

"Games are great, but wow, can games be frustrating. If something doesn't work immediately, like literally instantly, we tend to get super angry super quick! And while getting super angry might feel good in a moment, getting super angry and taking it out on others doesn't ever really work out well for us, does it?"

"I'm sure we could come up with a huge list of all the wrong ways to deal with our anger, right? Punch a hole in the wall or take your brother's toy and hide it . . . these are all wrong ways to deal with your anger."

"We all know the *wrong* ways—but what are some right ways to deal with anger? Anger is a natural emotion that we will feel from time to time. If that's true, then the question becomes: how do you channel it? How do you keep your anger from hurting yourself or those around you? These are pretty good questions to think about. When we have good questions to think about, the best place to start is the Bible—even when it comes to questions about our anger. Believe it or not, even the writers of the Bible learned a thing or two about how to respond to our anger. They were people, too, and even got angry sometimes! God inspired them to write down some of these experiences so others could learn from them too."

"Today that takes us to the book of 1 Samuel. You might know the people in this story already—David and Saul. This is the same David who was anointed to become the next king of Israel and took out Goliath, the Philistine giant, with a rock and a sling."

“At this time, Saul was the king, but he was an inconsistent ruler with massive mood swings. He wasn’t the greatest king. In fact, he made a lot of choices that put other people in danger, including David. That’s what this week’s Episode is all about. Take a look!”

**CG: Lesson Video (Runtime: 15:30)**

“David made that promise to Saul. Even though David had every reason in the world to take his anger out on Saul, he didn’t let the anger take over. Instead, David paused.”

“Lots of things can make us angry, right? Someone borrows something and doesn’t give it back—or even worse, takes something of yours without asking. Someone says something that hurts your feelings. Or you can’t make it past a level in your favorite video game. Pretty much every time you get angry can be boiled down to something not going the way you want it to go.”

“So instead of losing your cool and letting your anger get the better of you, just pause. Wait. Think about the wise way to respond to the situation. Ask God to help you have self-control. With God’s help, you can take control of your anger instead of letting it control you!”

“You know, Jesus Himself got angry. He even flipped over tables because of how He saw people taking advantage of others. He had good reasons to get angry. And so do we sometimes—like when you or someone you know is being treated unfairly. However, it’s never a reason to completely lose your self-control. God can help you discover ways to control your anger and not make the situation worse.”

“As you head to Small Groups, think about this question:”

**SLIDE: Key Question**

“**What makes you angry?** What things really get under your skin? Can you pinpoint certain things, or situations, or people that just push your buttons and make you lose it? You’ll talk more about this in Small Group, but before you head out, let’s pray. Let’s ask God to help us recognize these situations, to help us find out what things make us angry and then ask for His help to keep control of our emotions instead of having them control us. Let’s pray.”

*Lead group in a prayer related to what they just heard. After prayer, lead offering then dismiss kids to Small Group.*

**OFFERING:**

Here in Parkview Kids, we bring our offering each week to help support (your Campus Child) learn more about Jesus just like we do here in Parkview Kids. Here’s a picture of (your Campus Child)! If you brought your offering you can bring it up now as we dismiss to Small Groups.

Orland Park: Michael and Valeri, New Lenox: Daniel, Homer Glen: Victor