

## Alley Rundown—May 22nd, 2022

**Today's Bible Story:** Glory Days (Heroes of the Faith) • Hebrews 11

**Today's Key Question:** Who inspires you to get back up?

**Today's Bottom Line:** Trusting God can help you get back up.

**Monthly Memory Verse:** *But those who trust in the LORD will receive new strength. They will fly as high as eagles. They will run and not get tired. They will walk and not grow weak.* Isaiah 40:31 (NIRV)

**CG: Dude Perfect Filler Videos**

**CG: Summer JAM Slide**

*“Summer JAM is coming up very soon and we’re so excited to invite you to 3 nights jam-packed with FUN and Adventure! You won’t want to miss it. Visit the Summer Jam Tents after our time together today to sign up!”*

“What’s up, everybody? I’m really glad you are here today.”

*NOTE: For the next part of the script, you’ll tell a personal family story of a time when a relative showed resilience. The following is an example of the type of story to tell. Alternatively, you can share the following story as a hypothetical situation.*

“Does anybody know what holiday is coming up? *(Pause for response.)* That’s right! Memorial Day is quickly approaching. It’s a day we remember all those who have died while serving in the United States armed forces. So many men and woman have sacrificed much while protecting our freedoms and rights as Americans.

“When it comes to resilience, I’m often reminded of my grandpa. You all would have loved his goofy jokes and his love of music. When he was your age, America was experiencing the Great Depression when many people lost their jobs, businesses failed, and many did not have money to purchase basic goods. Like your great grandparents, my grandpa worked hard to overcome this difficult season in our nation’s history. My grandpa helped provide for his brothers and sisters by working in the garden or hunting small critters to cook. He helped dry pears on the rooftop, stored the root crops, potatoes and carrots under the house, and jarred some of the other crops they harvested to eat during the winter. Can you imagine what it would take to make it through a time like that? Time and time again, my grandpa demonstrated resilience in order to help his family survive.”

“My grandpa is one example of someone who faced a hardship but found a way to overcome the difficulty. If we had time, each of you might be able to share examples from your family’s history of family members who were prime examples of resilience. Some of you may have family members who traveled great distances to immigrate from other countries to live here.

“Some of you may have grandparents who survived devastating natural disasters that wiped out their community. Others may have great aunts and uncles who faced discrimination and fought for equal rights. It is great to read or hear about these stories of resilience! But how can such stories actually help us show resilience in our own lives? What do these stories have to do with us right now? All of us face something that requires our resilience. When we dread going to school because of a bully or we learn we are moving across the country or we are fighting with our best friend, is there any value in hearing what others have overcome? How can the stories of others impact our own?”

“That is a great question. And you know what? I think this is why we have the Bible. We can read how God helped people throughout history and how they showed resilience because of that. Those stories can absolutely impact how we see our own problems and situations. Sometimes it helps to look into our past to help us figure out the present and move into the future. This is exactly what we will be doing with our time right now with the help of this week’s Episode!”

**CG: Lesson Video (Runtime: 13:00)**

“The common thread that weaves throughout all these Old Testament men and women mentioned by the author of Hebrews is their faith. They did not walk around life with their fingers crossed just hoping everything would work out. Rather, they kept going, trusting that God was in control of the situation. This did not mean everything always worked out in their favor for people like David or Samson or Joseph. But it did mean they could confidently face and even bounce back from hard times because they believed God knew the end of the story.

“And you know what’s great? The same can be true for us! When we choose to trust God and get back up, we continue the story of these amazing men and women in the Bible. Throughout the Bible, we read story after story of people who faced all kinds of troubles! Some faced giants. One built a boat filled with animals to get through a massive flood. One even lost his strength when his hair was cut. And time and time again, they made it through the challenges life threw at them by trusting in God. When something gets us down, we can look back in time to people who lived long ago and see how their faith in God changed the way they responded to their situations!

“For us, trusting God does not prevent bad stuff from happening. We live in an imperfect and broken world full of hardships. But trusting God does mean we can get back up knowing that God is in control. We’ve seen this over and over again throughout the pages of the Bible! No matter what we face each day, we can know that God has planned the perfect end to our story. In the busyness of life, it can be easy to forget that God loves you and is always with you! So with that in mind, think about this one question before heading to your small group:

**SLIDE: Key Question**

“**Who inspires you to get back up?** Think about the people you’ve learned about in the Bible. Think about the people you see each and every day. Who helps you see that getting back up when you get down is possible? If you’re not quite sure who in your life can help you get back up, don’t worry. You’ll have a chance to talk with your Small Group and discover some great ideas. Before you head out, let’s pray and thank God for always coming through for us. Let’s ask God to help us find the strength to get back up when life gets us down. Let’s pray.”

*Lead group in a prayer related to what they just heard. After prayer, lead offering.*

**OFFERING:**

Here in Parkview Kids, we bring our offering each week to help support (your Campus Child) learn more about Jesus just like we do here in Parkview Kids. Here’s a picture of (your Campus Child)! If you brought your offering you can bring it up now. Have fun in Small Groups!

Orland Park: Michael and Valeri, New Lenox: Daniel, Homer Glen: Victor