

CRAFT

Jesus can help me choose

SUPPLIES: Jesus can help me choose page, symbol stickers, crayons

What You DO and SAY:

- ⇒ **Have children join you at the table and pass out one sheet to each child.**
 - *“Hello, friends! All summer long we have been learning about the fruit of the spirit and how when Jesus is our friend he can help us! Look at this chart. It has all of the things we have learned about this summer!”*
- ⇒ **Pass out a sticker sheet to each child.**
 - *“Let’s see if we can match the stickers up with the pictures on the chart and review all the things Jesus can help us choose!”*
 - **LOVE:** *Do you see a heart sticker? That stands for love! God loves us SO much and because of his love for us, Jesus can help us choose to love others!*
 - **JOY:** *Find the smiley face. That stands for joy! Do you remember the story of Paul and Silas in prison? Even though they were in jail, they had Joy in their hearts because they loved Jesus! Sometimes things are hard or you might feel sad, but Jesus can help us to choose to be joyful no matter what!*
 - **PEACE:** *Find the teddy bear. Do you remember the story of Abigail and how she helped the two men work out their problems? When Jesus is our friend, he can fill our hearts with peace.*
 - **PATIENCE:** *Find the clock. Do you remember the story of Simeon at the temple? God promised Simeon he would see Jesus someday and Simeon waited years and years and years! Being patient can be so hard sometimes! But when we know Jesus, he can help us choose patience!*
 - **KINDNESS:** *Find the heart in hands. Do you remember the story Jesus told about the good Samaritan? There was a man who was hurt and when everyone else passed him by, the Samaritan man stopped and showed him kindness and helped him. When Jesus is our friend, we can show kindness the same way!*

(Continued from previous page)

- **GOODNESS:** Find the candle. Do you remember the story Jesus told about the city on the hill and the candle in the dark? Jesus can help us show the goodness of God to others just like a candle in the dark!
- **FAITHFULNESS:** Find the high five. Do you remember the story of David and Jonathan? David was a faithful friend to Jonathan. He kept his promises. When Jesus is our friend, we can be faithful friends, too!
- **GENTLENESS:** Find the feather. Do you remember the story of Jesus and the little children? Jesus said 'Let the little children come to me!' Jesus loves children and he was so gentle with them. He wants us to be gentle too, and when Jesus is our friend he can help us choose gentleness!
- **SELF-CONTROL:** Find the muscle arm. We learned about self-control today. Jesus can help us to use self-control when we use gentle hands, talk quietly, and wait patiently.

⇒ **Complete activity by coloring in the letters and then Bring it Back to Jesus**

- "Nice work with your sticker board! At the top it says "Jesus can help me choose." And now we know that Jesus can help us choose: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. Wow! Friends, tell me..."
- **Who can help you do everything? Jesus can help me do everything!"**

July Week 5

Making Waves

July 31

ACTIVITY #1

Let's go for a ride!

SUPPLIES:

Let's go for a ride images, wall tape, small toy cars

SET UP:

Tape all images up on the walls around the room.

NOTE:

The script here is provided as just one option. Feel free to use your own creativity when talking to the kids!

What You DO and SAY:

⇒ **Have the children gather in the center of the room. Give each child a car to drive.**

- *"Today I'd like to take us all on a ride. Everybody let's pretend to hop in our cars. Don't forget to buckle up your seat belt. Alright! Here we go!*
- *Today we are going to visit a few different places that you might need to practice self-control. But don't worry! When Jesus is your friend, he can help you have self-control.*

⇒ **"Drive" the children around the room and make stops at each place.**

○ **GROCERY STORE**

- *"First stop! Let's go inside. Can you guess where we are? That's right! The grocery store! We need to pick up a few important things – eggs, bananas, and bread. But you want cookies? I'm sorry that's not on the list today.*
- *How does that make you feel? Maybe disappointed? Or frustrated? Show me your saddest faces! Should you whine and complain? What about cry in the middle of the store?*
- *No! When Jesus is your friend, he can help you have self-control. You can tell your mom or dad how you feel. You can take a deep breath. Let's try that right now. You can talk to God about.*

○ **LIBRARY**

- *Next stop! One of my favorite places! The library! I love going to the library and checking out my favorite books. Sometimes I get so excited that I just want to talk really loudly!*
- *Oh no! I am in a library! What kind of voice should use? That's right – quiet! Good thing Jesus can help me have self-control! I can use my quiet voice!*

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○ **PLAYGROUND**

- *Next stop! Can you guess where we are? The playground! Everybody hop out! What are you going to play on first? Can we pretend to climb the ladder? How about monkey bars? Slides?*
- *But oh no! All the swings are taken! We have to wait our turn! We have to be patient!*
- *Should we yell and cry? Should we stomp our feet? Should we push our friend off the swing? NO!*
- *When Jesus is your friend, he can help you have self-control. What can we do instead? Take a deep breath? Play on something else? Kindly ask for a turn?*
- *Now stop! But do we need to whine? No! When Jesus is our friend, he helps us have self-control! Just pray a little prayer and ask God for help.*

○ **CHURCH**

- *Where are we now? That's right! Church! Woohoo! I am so excited I want to hop out of the car and RUN across the parking lot to get to my class! But wait! Should I run in the parking lot?*
- *No! When Jesus is my friend, he gives me the power to have self-control! Everybody slow down.*
- *Let's hold hands and practice walking carefully until we get to the church. Nice work everybody!*

○ **IN THE CAR**

- *"Wow! We've been in the car an awfully long time. You might feel like whining or maybe you are so hungry you feel like you need a snack right now! Everybody show me how you whine on the count of 3 – 1, 2, 3!*

⇒ **Bring it Back to Jesus.**

- *"Boys and girls, you did a great job as we drove around town today! There were times when you might have felt a little frustrated or impatient, but you showed great self-control! When Jesus is your friend, he can help you have self-control.*
- ***Who can help you do everything? Jesus can help me do everything!***

July Week 5

Making Waves

July 31

ACTIVITY #2

Parachute and Wait

SUPPLIES: Parachute

What You DO and SAY:

⇒ **Gather the children in the center of the room and lay parachute flat on the floor.**

- Come over here boys and girls. Today, we are going to use self-control and patience while we play. First, I want everyone to pick up the parachute and hold it off the ground like this. (*Demonstrate.*)
- Hold it just like this until you hear me say, 'UP.'
- You are going to have to be patient and it is going to take a lot of self-control but I know you can do it! Jesus can help you have self-control. Are you ready?
- UP!"

⇒ **Repeat activity several times. Continue to reinforce that they can have self-control while they wait to move the parachute. You can modify with several different commands: high, low, up, down, fast, slow, etc. – all while practicing waiting and having self-control.**

⇒ **Repeat as long as kids are interested and Bring it Back to Jesus.**

- Awesome job waiting! You had great self-control while you waited to play. Jesus can help you have self-control because he can help you do everything!
- ***Who can help you do everything?***
- ***Jesus can help me do everything!"***

July Week 5

Making Waves

July 31

ACTIVITY #3

*Fruit of the Spirit Dance Party +
Memory Verse Review*

SUPPLIES: All 9 Fruit of the Spirit Picture Cards, Summer '22 CD

What You DO and SAY:

⇒ **Gather children in the center of the room.**

- *"Friends! All summer long we are learning about something called the fruit of the spirit. Each week we are going learn about a different way that Jesus can help us! Do you remember how Jesus can help us this week? He can help us choose SELF-CONTROL! (hold up the muscle card). When we know Jesus, he can help us choose to be gentle like he was!*
- *Now we know that when we trust Jesus, he can help us to (heart card) LOVE, he can also help us to have JOY (smiley card), he can help us to choose (teddy bear card) PEACE, he can help us to be (clock card) PATIENT, he can help us choose KINDNESS (hands holding heart card), he can help us show God's GOODNESS (candle card), he can help us show FAITHFULNESS (high five card), he can help us choose GENTLENESS (feather card), and he can help us have SELF-CONTROL (muscle card)! Jesus can help us do everything! Hey! That reminds me of our memory verse!"*

⇒ **Do memory verse all together in a variety of ways.**

- *"Jesus answered, 'I am the way and the truth and the life.'" John 14:6*
 - *Now let's try it...*
 - *Super loud/Super quiet*
 - *Really Fast/Really Slow*
 - *Jumping up and down*
 - *Running in Place*
 - *All the boys/All the girls*
 - *Kids only/Teachers only*

⇒ **Have a dance party! Play Track 1 on Summer 2022 CD.**

- *"Let's get up and dance to our summer song! Can you try to remember the fruit of the spirit with me? Let's dance!"*

⇒ **Complete the activity and then Bring it Back to Jesus.**

- *"Nice work, my friends!*
- ***Who can help you do everything? Jesus can help me do everything!***

July Week 5

Making Waves

July 31

READ, REVIEW, CONNECT IT, & PRAY
JULY WEEK 5

SANITIZE HANDS AND PASS OUT MOON SAND

READ

⇒ *God's Fruit in Me*, by Vince Rozier

REVIEW *(You may choose to pass out stickers as kids answer!)*

⇒ Key Question and Bottom Line

- **Who can help you do everything?**
Jesus can help me do everything!

⇒ Memory Verse

- **“Jesus answered, ‘I am the way and the truth and the life.’” John 14:6**

CONNECT IT AND PRAY

⇒ “Today we learned that God can give every single one of us the power to have self-control, no matter how old we are! So even though you are a kid, Jesus can help you do everything! **Today I want to write each of your names on the board/paper** so that we can remember that Jesus gives every single one of us the power to have self-control.

- *Have each child say their name and write it down on the board/paper. Give each child a **self-control sticker**.*

⇒ Look at all your names! Jesus loves each of you so much. He loves all children. Jesus was gentle and he wants us to be, too. Let's fold our hands and bow our heads and **pray**:

- “Dear God, thank You for giving us Your Son, Jesus, to be our friend forever. Thank You that when we follow Him, Jesus can help us do everything, no matter how young or old we are. Thank you that (name each child) can have the power to choose love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. You are the best, God, and we love You. In Jesus' name, amen.”