

City SG—October 23rd, 2022

Today's Bible Story: Deliver Us (Burning Bush and the 10 Plagues) • *Exodus 3–6:12; 7–12:42*

Today's Bottom Line: Hold on because God knows what you're going through.

Monthly Memory Verse: *Let us not become tired of doing good. At the right time we will gather a crop if we don't give up. Galatians 6:9 (NIRV)*

1. Let My People Go

What You Need: "True or False" Activity Page (1 per Group)

What You Do:

- Guide kids to line up against the wall on one side of your space.
- Explain the rules to the game.
 - Leader stands on the opposite wall and reads aloud statements from the Bible story on the "True or False" Activity Page, followed by "Let my people go!"
 - If the statement from the Bible story is true, kids can take one step forward.
 - If it is false, they stay where they are.
 - If they try to take a step on a false statement, they have to go back to the wall and start over.
 - If you say a false statement, ask the kids what the TRUE statement is from the Bible story.
 - They can't take a step forward until you say, "Let my people go!" after your statement.
 - If they take a step on a true statement before you say, "Let my people go!" they have to start over as well.
 - The first kid to make it to you on the other wall is the winner!
- If you don't get to all the statements during one round, tell kids to go back and play again until you have used all statements.
- The number of rounds you play will depend on the size of your room and how big your kids' steps are.

What You Say:

"Do you think it was easy or hard for Moses to do what God asked of him? (*Invite answers.*) What made it so hard? (*Invite answers.*) How would you have reacted if God spoke to you through a burning bush? Would you have been scared? (*Invite answers.*)

"I definitely would be scared if a burning bush started talking to me. And if I had to face a powerful pharaoh and ask him to stop doing the wrong things he was doing—phew! The things Moses faced were super hard. But he knew he needed to do what God had asked him to do.

[Bottom Line] Hold on because God knows what you're going through. God knew what Moses was going through, and God knows what you're going through right now."

2. God Knows

What You Need: “World Prayer Map” Page (1 per kid), pens

What You Do:

- Hand each kid a “World Prayer Map” and pen.
- Ask them if they can name any of the countries they see on their map.
- Explain that everywhere, all over the world, kids just like them are going through really hard things.
- God doesn’t just know what we are going through. God knows what every person EVERYWHERE is going through. Just like we pray for God to help us, we can ask God to help other kids in other parts of the world to hold on, too.
- Tell kids to circle an area or country on their map (other than their home country) that they will commit to praying for. They are choosing to pray for the kids in those countries who are going through hard things, that they would be able to hold on to God.
- Give kids 30 seconds to silently pray for the kids in the countries they chose.
- Instruct kids to turn over their map and write something hard they’re going through.
- Tell them that when they pray this week for God to help them through their hard thing, pray for the kids in the area of the world they circled on their map, too.

What You Say:

“The world looks really small on these maps because it’s just on a little piece of paper. The world is actually SO big, and there are so many people who live on Earth. God created ALL of us and knows what each of us is going through. You can **[Bottom Line] Hold on because God knows what you’re going through.**”

[Make It Personal] (Share an age-appropriate story of when you knew God was with you. If you have ever traveled internationally, think of a story to tell them of the country you visited. Help them get an idea of life outside of where they live right now. Whatever story you choose, make sure kids know that even though what you were going through was hard, God knew what you were going through and was with you the whole time.)

3. Active Scavenger Hunt

What You Need: “Active Scavenger Hunt Cards” (1 set per Group), Timer

What You Do:

- Invite a volunteer to pick a “Active Scavenger Hunt Card” and show it to the group.
- Set the timer for one minute, or just count out loud.
- At your signal, start the timer.
- Guide kids to do the exercise until the timer goes off.
- Keep a quick pace by having more kids draw more cards to get the kids’ hearts pumping!

What You Say:

“You guys did a great job of sticking with it, even when it got tough! **In our Bible story, we heard about someone who stuck with it and held on.** And knowing we have God on our side when things get rough, helps us hang in there.

4. Pray and Dismiss

What You Need: Maps from “God Knows” Activity

What You Do:

- Tell kids to hold their prayer maps.
- Remind them to pray for the kids in other parts of the world when they talk to God this week.
- Give kids a few moments to pray quietly or let a couple of volunteers pray aloud for the kids in the area they circled on their map.
- Then close the group in prayer.
- Pray for the hard things the kids wrote down on their maps and for all kids around the world facing hard things. Pray for kids to remember they can hold on to God because He knows what they’re going through.

What You Say:

“Today was so much fun, but we talked about a lot of hard things. No matter what hard thing you’re going through, God is always with you. Because you know that is true, you can **[Bottom Line] hold on because God knows what you’re going through.** Let’s pray.

“Dear God, thank You for knowing us so well and always knowing what we’re going through, especially when we’re going through stuff that’s hard to tell others. Please help kids all over the world feel Your presence and know that You are with them. Remind each of us to show Your love to everyone we meet and help others know that You can help them push through whatever hard thing they’re going through. We love You. In Jesus’ name we pray, amen.”